



SCHEDULE

MONDAY

5 AM	Adult Gi
6:30 AM	Adult Gi
NOON	Adult NoGi
4:15 PM	Kids Class
5 PM	Jr's Class
6 PM	Adult Gi
7:30 PM	Adult Gi

TUESDAY

5 AM	Adult Gi
6:30 AM	Adult NoGi
NOON	Adult Gi
4:15 PM	Kids Class
5 PM	Jr's Class
6 PM	Adult NoGi
7:30 PM	Adult NoGi

WEDNESDAY

5 AM	Adult NoGi
6:30 AM	Adult Gi
NOON	Adult NoGi
4:15 PM	Kids Class
5 PM	Jr's Class
6 PM	Adult Gi
7:30 PM	Adult Gi

THURSDAY

5 AM	Adult Gi
6:30 AM	Adult NoGi
NOON	Adult Gi
4:15 PM	Kids Class
5 PM	Jr's Class
6 PM	Adult NoGi
7:30 PM	Open Mat

FRIDAY

5 AM	Adult NoGi
4:15 PM	Adult Fundamentals
6 PM	Women's Class*

SATURDAY

9:30 AM	Adult Gi
10:30 AM	Adult NoGi**

*Open Mat Mixer is on the last Friday of every month

**Reservist, Active Duty, Retired Military, and First Responders Train for FREE.